

Weekly Post 12.07. - 18.07.2025

Time

Information

Location/Meeting Point

Sunday, 13.07.2025			
Alm crate pig at the Strobl hut - live music	12:00 o'clock	Only in dry weather. Further infos: phone: +43 664 254 2237, www.stroblhuette.at	Strobl Hütte, Postalm Seydegg 69
Brass music concert	20:00 - 22:00 o'clock	Brass music concert of the "Trachtenmusikkapelle Abtenau". Free - only canceled in case of rain!	market square Abtenau Markt 165
Monday, 14.07.2025			
Morning-Yin-Yoga, Only in German!	08:00 - 09:00 o'clock	Start the day relaxed. Costs: € 13.-/person with the Tennengau+ Card (otherwise € 18.-). Pers: 5-10. Registration: until Sun 18:00, phone: +43 664 100 68 82, Katharina Lechner.	s'Platzl Markt 87
Info Walking Tour - Only in German!	09:30 - 10:30 o'clock	Guided walk through Abtenau - discover your holiday resort. Free of charge. Without registration.	Market square Abtenau
Church tour - Only in German!	11:00 o'clock	Discover the beauty of our parish church. Guided Tour, free of charge with the Tennengau+ Card (otherwise € 7.-). Registration: until Mon 09:00 o'clock at the tourist office.	Parish church Abtenau Markt 2
Tuesday, 15.07.2025			
Sunrise husky tour for early risers	04:00 - 09:00 o'clock	A medium-difficulty hike with a husky companion. Good footwear required! Approx. 4-5 hours. ONLY for advanced hikers. Max. 5 people. Cost: € 30,-/pers with the Tennengau+ Card (otherwise € 55,-). Registration: until Mon 17:00 at the tourist office.	parking lot Tabor Markt 165
Hike "Aubach Falls", Bus 470, Abtenau "Ortsmitte" 09:27 o'clock	09:38 - 12:38 o'clock	Medium-difficulty hike incl. 'herb collecting'. € 15,-/adult, € 5,-/child with the Tennengau+ Card (otherwise € 40,-/€ 30,-). Registration until Mon 17:00 at the tourist office. Good footwear and surefootedness essential!	Busstop Wallingwinkel - Only in German!
Bus to the Postalm, Departure Abtenau "Ortsmitte" 10:15 o'clock	10:15 o'clock	The Postbus takes you along the panoramic road to Austria's largest Alpine pasture area. The ride is free with the Guest Mobility Ticket. Return journey: Postalmhöhe car park at 15:56.	Post office, Abtenau "Ortsmitte"
Alpine Flowers-walking tour at the Postalm, Departure Abtenau "Ortsmitte" 10:15	11:00 - 14:00 o'clock	Leisurely guided hike with information about flowers & herbs. Meeting point: 11:00 car park 1/Lienbachhof. Hike free with Tennengau+ Card (otherwise € 25,-/person). Postal bus free of charge with Guest Mobility Ticket. Return journey: 16:00 car park 1/ski centre. Registration until Mon 17:00 at the tourist office.	Postalm, car parking P1/Schizentrum, Lienbachhof Markt 165
Wednesday, 16.07.2025			
Yoga & Brunch at the alpine area	08:15 - 11:15 o'clock	Yoga session followed by brunch. 5-10 pers. Registration: until the day before 5 p.m.: Rettenegghütte: +43 664 9752500. Costs: € 35.-/person (cash payment only). Only in dry weather.	Postalm / Rettenegg hut Weissenbach 53
Guided Alpaca Hike (in German!)	10:00 o'clock	Approx. 2 hours. Sturdy shoes! Please no rustling clothing! 4-7 pers. In dry weather. With Tennengau+ Card € 15,-/pers (otherwise € 20,-/pers), kids up to 5 years free. Registration until Tue 10:00 at the tourist office.	Abtenau Wegscheid 7



Wednesday, 16.07.2025

Water-Hike	10:30 - 14:30 o'clock	Partly challenging (steep, stony path) hike to "Trickl- and Dachserfall" and to the "Kneippanlage" with possibility to stop for a bite at the inn "Wandalm". Guided tour at the local history museum (only in German!). Free of charge with the Tennengau +card (otherwise € 25.00). Reg until Wed 09:00 o'clock at the tourist office. 3 - 12 pers.	Tourist Information Abtenau Markt 165
Enjoyable forest hike, Bus 470, Abtenau "Ortsmitte" 10:27 o'clock	10:37 - 13:37 o'clock	Enjoy nature with all your senses - incl. small tasting. € 13,-/adult, € 7,-/child with the Tennengau+ Card (otherwise € 25,-/€ 12,-). Registration until Tue 17:00 at the tourist office.	Busstop Wallingwinkel - Only in German!
Live-music with "Die Tennengauer "	20:00 - 22:00 o'clock	Enjoy a lively live music evening. Free - only canceled in case of rain.	Market Square Abtenau Markt 165

Thursday, 17.07.2025

Creative journey of discovery - Workshop	09:30 - 12:00 o'clock	Handicraft/painting workshop. No prior knowledge required. Costs: from € 49,- (children € 35,-) incl. tools & small snack. 4-10 Pers. Registration by Wed 17:00, Phone +43 676 97 61 116.	"Kreativwerkstatt" Rigaus 40
Hike to the Abtenau healing springs	10:00 - 13:00 o'clock	Slightly challenging guided hike with some interesting facts about the Abtenau healing springs. Free of charge with the Tennengau+ Card&Mobility ticket! (otherwise € 25,-/pers. + busticket). Reg: until Thur 09:00 at the tourist office. 3-12 pers.	Tourist Information Abtenau Markt 165
Bus to the Postalm	10:15 o'clock	Details see Tuesday, Departure Abtenau "Ortsmitte" 10:15 o'clock	Post office, Abtenau "Ortsmitte"

Friday, 18.07.2025

Salzburg City Tour - In German!	09:40 - 16:40 o'clock	Experience the wonderful city of Mozart on a walking tour. Costs: with the Tennengau+ Card city tour: € 19,-/pers.; public transport: free of charge with the Guest Mobility ticket! Reg. until Thur 16:00 at the tourist office. 5-20 pers.	Tourist Information Abtenau Markt 165
Horse-drawn carriage ride	14:30 o'clock	Horse-drawn carriage ride through idyllic Abtenau. Refreshment stop at the 'Wandalm' snack station. Reduced with the Tennengau+ Card: € 18,-/adult, € 9,-/child (otherwise € 20,-/€ 10,-). Reg. until Thu 12:00 at the Tourist office. 6-11 pers.	Tourist Information Abtenau Markt 165
Abtenau wine market "Empty wine glasses are full of stories"	16:00 - 00:00 o'clock	Enjoy a cosy evening with a good glass of wine from Austrian winegrowers and live music (from 19:00 o'clock) with "Wanted Men". Only in good weather!	Community garden

Details and other events in the area can be found at: www.tennengau.com/en/experience/events

Exclusively for guests of Abtenau with Tennengau+ Card:

- Once a 50% discount on the ascent and descent with the cable car Karkogelbahn (summer tobogganing excluded).
- Free use of the minigolf course at the Landhotel Gasthaus Traunstein. Every Thursday from 10:00 to 13:00.
- Tennengau hiking map with book. Price: € 6.50 (instead of € 8.00).

Museum of local history: Arlerhof | Sun 14:00 – 17:00 o'clock, Wed 13:00 – 17:00 o'clock (Au 9a, 5441 Abtenau)

Farmer's market "Bauernbogen" | Parking lot East "Parkplatz Ost" (Markt 304, 5441 Abtenau)

Open: Wed to Fri, 11:00 - 18:00 o'clock & Sat, 09:00 - 12:30 o'clock. Self-service fridge: 24/7

Horse-drawn carriage rides | Please book your tour in advance:

Hotel/Garni "Ledererwirt", Peter Galler, phone: +43 664 43 13 721 | Family Lanner, phone: +43 664 75 10 11 66 or +43 664 96 76 220.

Rafting adventure for the whole family (Registration: Active outdoor-unlimited, Tel: +43 6243 28874)

Family-friendly tour on the Salzach. Swimming skills required. Bring your own: towel and swimwear. Costs: € 55,-/adult | € 50,-/child with the Tennengau+ Card (otherwise € 60,-/€ 55,-). | min. 7 pers (23.07. - 22.08.2025 no minimum number)



Find more information in our web app „staymate.at“ ...
(no download necessary)

... and on our homepage „abtenau-info.at“

